

Mental Health Family & Carer Support Team Information. Education. Support.

Who we are



Faye

Kids with Confidence
and
Family/Carer Project Worker



Cathy

Carer Consultant



Fiona

Carer Consultant

What we do

Someone for carers to talk to
Information about services, supports and respite
Assistance in talking to services
Carer support groups
Strategies for carers
Financial support through the Carer Support Fund
Age appropriate support and information for children

Carer Consultants have lived experience as a carer
They can provide peer support to other carers

Contact the support team

Phone: 5454 7612

Email: mentalhealthcarersupport@bendigohealth.org.au